



We will ask parents' permission to make contact with other professionals (such as schools).

The only exception to this is when there are concerns about the safety of a child or young person. In these rare circumstances, we are bound by a duty of care to inform other professionals. If this happens, we will try to discuss this with you first.

Opening Hours

Appointments usually take place between 9.00am and 5.00pm, Monday to Friday.
Our admin support is available between 9.30am and 2.00 pm, Monday to Thursday.

Contact details

LD CAMHS Specialist Services
The Elms Health Centre
Slade Road
Halesowen
B63 2UR

Telephone 01384 324689 between 8.30am and 5.00pm, Monday to Friday. There will be an answer phone operating outside of office hours.

How do I give feedback about the service?

If you have a concern, please feel free to speak with a member of the Team in the first instance if you wish. Alternatively, the Service Experience Desk (SED) is the central point of contact for all concerns and enquiries, whether these are formal or informal, complaints, compliments or suggestions. We welcome any comments you may have on the services we provide and consider this to be a valuable source of information and use it to help us provide the very best possible service.

You can contact SED on:

Tel: 0300 555 0535 (Freephone from a BT Landline) or 01384 325014

Fax: 01384 324567

Email: SED@dwmh.nhs.uk

Address: SED, Second Floor, Trafalgar House, 47-49 King Street, Dudley, DY2 8PS.

Need More Information?

Every effort has been made to ensure that the information in this leaflet is clear and concise. However, if there is anything that you do not understand, or if you require the leaflet in a different language or format, please ask a member of staff.

Leaflet Control

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Dudley LD CAMHS

Learning Disabilities Child and Adolescent Mental Health Service





What is LD CAMHS?

Learning Disabilities Child and Adolescent Mental Health Service (CAMHS) is a specialist team within the generic CAMHS team. We are made up of professionals who specialise in meeting the psychological, emotional and mental health needs of children and young people with a learning disability. We are a multi-disciplinary team based at The Elms Health Centre in Halesowen, comprised of the following members:

- **Nadine Sidaway**
(Consultant Clinical Psychologist)
- **Dr Kate Thomas**
(Clinical Psychologist)
- **Michelle Jennings**
(Learning Disabilities Nurse)
- **Dr Kate Gingell** (Consultant Child & Adolescent Psychiatrist)
- **Kate Griffiths** - Team Administrator

Who is the LD CAMHS for?

We provide a service to young people of school age (up to 18 years old) who have an identified emotional or mental health difficulty and a diagnosable learning disability.

Children with learning disabilities often present mental health difficulties differently from those without learning disability. Therefore we also offer a service to young people who have severe challenging behaviour.

Examples of the types of difficulty we frequently work with are anxiety, self-injurious behaviour, emotional difficulties, problems with anger and aggression, attention/over activity problems and social difficulties.

How can we help you?

We begin by offering you a 'Choice' appointment. At this appointment, a member of the team will meet with you and your child to talk about your needs and difficulties. Understanding the difficulties will enable us to decide how we might be able to help you. Together we will decide on the best action plan and then, if the service is able to meet your needs, go on to support you and your family to work towards your chosen goals.

We can offer the following help:

- Assessment of mental health concerns and challenging behaviour
- Multi-disciplinary assessments of Autism Spectrum Disorder and ADHD

- Advice and support in managing the difficulties described above
- Family Therapy
- Individual therapy
- Prescribing, monitoring and reviewing medication

The team works closely with other services involved with your child such as:

- Special Schools
- The Children with Disabilities Team
- Speech and Language Therapists
- Respite services and voluntary organisations

Where will you be seen?

We aim to provide an inclusive and accessible service and you and your child may be seen in a range of settings such as: The Elms Health Centre and, if appropriate, the school your child attends.

Confidentiality

The LD CAMHS is bound by the Trust policy on confidentiality. After our first meeting with you, we will write to the person who referred you and to your GP. to let them know we have met and briefly what was said and agreed. We will send a copy of this letter to you.