This bulletin includes recent articles and reports from selected journals and resources on the topic of Dementia, Arts and Creative Therapies. This is not an exhaustive list. If you require further information on a specific topic please speak to Library Services, contact details are within the bulletin.

This Issue Contains:

1. Electronic Resources and Athens Registration
2. National Reports and Guidelines
3. Books (Print and Electronic)
4. Journal Abstracts
5. DWMH Dementia Training
6. Online Learning Resources
7. Updates to Local Policies
8. Contact Details

Electronic Resources and Athens Registration

There are many resources for dementia care that can be found online. The DWMH Libraries subscribe to some key healthcare databases, full text journals, e-books and much more for its staff. To access these you need to have an Athens Username and Password. You can obtain one by self-registering from a work based PC at:

https://register.athensams.net/nhs/nhseng/

To access Athens Resources log on to: www.library.nhs.uk
National Reports and Guidelines

No guidelines have been updated recently.

Systematic reviews available from Cochrane library: Art therapy for people with dementia (22nd April 2014) This is the protocol for a review and there is no abstract. The objectives are as follows:

To review the effects of art therapy as an adjunctive treatment for dementia compared with standard care and other non-pharmacological interventions.

Books (Print and Electronic)

The books listed below are available online or at the Dorothy Pattison(DP) or Tariq Saraf Library(TSL).

There are hundreds of further books available from the Base Consortium. Please visit the base library catalogue here

Base-Library provides access to a consortium of 22 NHS libraries throughout Birmingham, Solihull and the Black Country.

If you would like to join click here for the registration form.

<table>
<thead>
<tr>
<th>Author</th>
<th>Title</th>
<th>Location</th>
<th>Shelf Mark</th>
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<tbody>
<tr>
<td>De Sivry, S</td>
<td>Art and madness</td>
<td>Available at TSL and DP</td>
<td>WM 49</td>
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<td>DVD</td>
<td>Waltz with bashir</td>
<td>Available at DP</td>
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<td>Hass-Cohen, N</td>
<td>Art therapy and clinical neuroscience</td>
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<tr>
<td>Hayes, J</td>
<td>The creative arts in dementia care: practical person-centred approaches and ideas</td>
<td>Available at DP</td>
<td>WM 224</td>
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<tr>
<td>Kaplan, F</td>
<td>Art therapy and social action: treating the world's wounds</td>
<td>Available at 123 Library</td>
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<tr>
<td>Liebmann, M</td>
<td>Art therapy and anger</td>
<td>Available at 123 Library</td>
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Journal Abstracts

Title: How a creative storytelling intervention can improve medical student attitude towards persons with dementia: A mixed methods study

Citation: Dementia: The International Journal of Social Research and Practice, May 2014, vol. 13/3(318-329), 1471-301212468732 (May 2014)

Author(s): George, Daniel R.,

Abstract:

Background The creative arts can integrate humanistic experiences into geriatric education. This experiential learning case study evaluated whether medical student participation in TimeSlips, a creative storytelling program with persons affected by dementia, would improve attitudes towards this patient population.

Methods Twenty-two fourth-year medical students participated in TimeSlips for one month. The authors analyzed pre- and post-program scores of items, sub-domains for comfort and knowledge, and overall scale from the Dementia Attitudes Scale using paired t-tests or Wilcoxon Signed-rank tests to evaluate mean change in students' self-reported attitudes towards persons with dementia. A case study approach using student reflective writing and focus group data was used to explain quantitative results.

Results Twelve of the 20 items, the two sub-domains, and the overall Dementia Attitudes Scale showed significant improvement post-intervention. Qualitative analysis identified four themes that added insight to quantitative results: (a) expressions of fear and discomfort felt before storytelling, (b) comfort experienced during storytelling, (c) creativity and openness achieved through storytelling, and (d) humanistic perspectives developed during storytelling can influence future patient care.

Conclusions This study provides preliminary evidence that participation in a creative storytelling program improves medical student attitudes towards persons with dementia, and suggests mechanisms for why attitudinal changes occurred.

Available at TSL in Print
Title: The ‘ripple effect’: Towards researching improvisational music therapy in dementia care-homes

Citation: Dementia: The International Journal of Social Research and Practice, Dec 2013, vol. 12/6(681-694), 1471301213514419 (Dec 2013)

Author(s): Pavlicevic, Mercédès, Tsiris, Giorgos, et al.

Abstract:

Increased interest in, and demand for, music therapy provision for persons with dementia prompted this study’s exploration of music therapists’ strategies for creating musical communities in dementia care settings, considering the needs and resources of people affected by dementia. Focus group discussions and detailed iterative study of improvisational music therapy work by six experienced practitioners clarify the contextual immediacy and socio-musical complexities of music therapy in dementia care-homes. Music therapy's ‘ripple effect’, with resonances from micro (person-to-person musicking), to meso (musicking beyond ‘session time’) and macro level (within the care-home and beyond), implies that all who are part of the dementia care ecology need opportunities for flourishing, shared participation, and for expanded self-identities; beyond ‘staff’, ‘residents’, or ‘being in distress’. On such basis, managers and funders might consider an extended brief for music therapists’ roles, to include generating and maintaining musical wellbeing throughout residential care settings.

Title: Funny things happen at the Grange: Introducing comedy activities in day services to older people with dementia – innovative practice

Citation: Dementia: The International Journal of Social Research and Practice, Nov 2013, vol. 12/6(840-852), 1471301212454357 (Nov 2013)

Author(s): Hafford-Letchfield, Trish

Abstract:

This paper shares outcomes from the evaluation of a community project where comedy activities were introduced into a day centre for older people with dementia as a result of a partnership between the day centre, a local university and a specialist comedy provider. Four workshops were provided using improvisatory activities and comedy, as a medium to engage older people in reflecting on aspects of their care environment. The main output resulted in a 30 minute ‘mockumentary’ of the ‘Her Majesty the Queen’ visiting the day centre, in the form of a digital reusable learning object to be used by social work and mental health professionals. The evaluation demonstrated some additional outcomes for those involved and highlighted the benefits of laughter and fun in promoting a positive climate.

Title: Embodiment and Dementia – Dance Movement Psychotherapists Respond

Citation: Dementia: The International Journal of Social Research and Practice, Dec 2013, vol. 12/6 (677-681), 1471301213507033 (Dec 2013)

Author(s): Coaten, Richard, Newman-Bluestein Donna

Abstract: Abstract Unavailable (editorial)
Full editorial available at: http://dem.sagepub.com/content/12/6/677.full.pdf+html
Title: Effect of music therapy versus recreational activities on neuropsychiatric symptoms in elderly adults with dementia: An exploratory randomized controlled trial.
Citation: Journal of the American Geriatrics Society, February 2014, vol. 62/2(392-393), 0002-8614;1532-5415 (Feb 2014)
Author(s): Vink, Annemieke C, Zuidersma, Marij, Boersma, Froukje, de Jonge, Peter, Zuidema, Sytse U, Slaets, Joris P

Abstract:

Presents a study which compared music therapy with recreational activities and failed to show a superior effect on agitation. The aim of this letter was to compare the effect on reduction of neuropsychiatric symptoms. A randomized controlled design was employed comparing music therapy with general recreational activities. Subjects were nursing home residents with a diagnosis of dementia with above average behavioural problems from six nursing homes. The effects of music therapy and recreational activities on neuropsychiatric symptoms in older people with dementia were compared in a randomized controlled trial. Residents receiving music therapy showed significantly greater reductions in neuropsychiatric symptoms from the start to the end of the treatment than those receiving recreational activities. The main outcome in this study confirms the findings of other recent studies that have been conducted to study the effect of music therapy with people with dementia using the Neuropsychiatric Inventory Questionnaire (NPI) as an outcome measure.

Title: But does it do any good? Measuring the impact of music therapy on people with advanced dementia: (Innovative practice).
Citation: Dementia: The International Journal of Social Research and Practice, March 2014, vol./is. 13/2(258-264), 1471-3012;1741-2684 (Mar 2014)
Author(s): Gold, Karen

Abstract:

This article describes the impact of music therapy upon a group of nine people with advanced dementia in a hospital setting. It demonstrates how the impact of music therapy was measured using the case notes completed by nursing and care staff and how these notes suggested that music therapy had a positive effect on the mood and behaviour on eight of the nine people receiving music therapy.

Available at TSL in Print

Title: Psychological effects of poetry workshops with people with early stage dementia: An exploratory study.
Citation: Dementia: The International Journal of Social Research and Practice, March 2014, vol./is. 13/2(207-215), 1471-3012;1741-2684 (Mar 2014)
Author(s): Petrescu, Ioana, MacFarlane, Kit, Ranzijn, Robert

Abstract:
Objective: The aim of this study was to test the effectiveness of writing poetry on psychological functioning in people with early stage dementia. Method: A series of poetry writing workshops was conducted with four women, at the end of which a one-on-one short structured interview was conducted. Results: All of the women said that they benefited from the workshops, but their experiences differed greatly. Themes included competence and self-efficacy, personal growth, wanting to contribute and poetry writing as a way of coping with the progression of the condition. Conclusion: Creative activities such as writing poetry hold promise for enhancing the quality of life of people with dementia.

Available at TSL in Print

Title: Viewing and making art together: A multi-session art-gallery-based intervention for people with dementia and their carers.

Citation: Aging & Mental Health, February 2014, vol./is. 18/2(161-168), 1360-7863;1364-6915 (Feb 2014)

Author(s): Camic, Paul M, Tischler, Victoria, Pearman, Chantal Helen

Abstract:

Objectives: This is the first known study that sought to understand the experience of an eight-week art-gallery-based intervention offered at two distinctly different galleries for people with mild to moderate dementia and their carers. The study examined impact on social inclusion, carer burden, and quality of life and daily living activities for a person with dementia. Method: A mixed-methods pre-post design using standardised questionnaires and interviews involved 24 participants (12 with dementia) and compared similar interventions at a traditional and a contemporary art gallery. Qualitative data was analysed using thematic analysis. Results: No significant pre-post difference was found between the traditional or contemporary gallery groups on quantitative measures. There was, however, a non-significant trend towards a reduction in carer burden over the course of the intervention for both gallery groups. Thematic analysis revealed well-being benefits from both traditional and contemporary art gallery sites that included positive social impact resulting from feeling more socially included, self-reports of enhanced cognitive capacities for people with dementia, and an improved quality of life. Conclusion: Participants were unanimous in their enjoyment and satisfaction with the programme, despite the lack of significance from standardised measures. Further consideration of art galleries and museums, as non-clinical community resources for dementia care, is warranted. The interventions at both galleries helped to foster social inclusion and social engagement, enhance the caring relationship between the carers and PWD, support the personhood of PWD, and stimulate cognitive processes of attention and concentration.

Search strategy available on request.
Online Learning Resources

The following resources may be useful in provoking further reflection and learning.

<table>
<thead>
<tr>
<th>Resource</th>
<th>Link</th>
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<tr>
<td>What Do You See (Crabbit Poem) DVD</td>
<td><a href="http://www.youtube.com/watch?v=CrRhu2L2SFs">http://www.youtube.com/watch?v=CrRhu2L2SFs</a></td>
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<tr>
<td>Featherhead Film – Alzheimer’s Society</td>
<td><a href="http://www.youtube.com/watch?v=2UKZjy9w4YE">http://www.youtube.com/watch?v=2UKZjy9w4YE</a></td>
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<td><a href="http://www.youtube.com/watch?v=xLXi1gt3SRE">http://www.youtube.com/watch?v=xLXi1gt3SRE</a></td>
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<td>Barbara’s Story (St. Guy’s &amp; Thomas)</td>
<td><a href="http://www.youtube.com/watch?v=DtA2sMAjU_Y&amp;feature=share&amp;list=UUbJBh2MFKrX6Lf8bJ7_ZGWQ">http://www.youtube.com/watch?v=DtA2sMAjU_Y&amp;feature=share&amp;list=UUbJBh2MFKrX6Lf8bJ7_ZGWQ</a></td>
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<tr>
<td>Alzheimer’s Society  Awareness training resources on website</td>
<td><a href="http://www.alzheimers.org.uk/training">http://www.alzheimers.org.uk/training</a></td>
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<tr>
<td>Royal College of Nursing – Dementia - Therapeutic activities</td>
<td><a href="http://www.rcn.org.uk/development/practice/dementia/supporting_people_with_dementia/therapeutic_activities#rts">http://www.rcn.org.uk/development/practice/dementia/supporting_people_with_dementia/therapeutic_activities#rts</a></td>
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Read more about Dementia Adventure, an enterprise whose aim is to connect people living with dementia with nature and a sense of adventure:

Larry Gardiner – Dementia Adventure  
http://www.dementiaadventure.co.uk/about/larry-gardiner
Creativity and Dementia is a new training workshop developed by local experts for trust staff involved in providing services for people living with dementia - details of the workshop follow.

Please go to the Learning and Development course booking web page for details of how to book a place:

http://theexchange.dwmh.nhs.uk/corporatedepartments/LearningandDevelopment/Pages/CourseBookingProcedure.aspx

Or contact the team on 01384 324530/4537.

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<thead>
<tr>
<th>Course</th>
<th>Creativity &amp; Dementia</th>
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<tr>
<td>Objectives</td>
<td>Aim &amp; Objectives:</td>
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<td></td>
<td>Aim: To present and discuss a range of creative activities which can be used therapeutically with people who have dementia</td>
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<td></td>
<td>Outcomes: At the end of the workshop it is expected that participants will be able to</td>
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<td></td>
<td>• Identify a range of creative activities which may be used with people with dementia</td>
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<td></td>
<td>• Identify ways in which creative activities can be beneficial for people with dementia</td>
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<td>• Consider how they might utilise creative activities within their own clinical areas</td>
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<tr>
<td>Intended Audience</td>
<td>Staff involved in providing services for people with dementia</td>
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<tr>
<td>Dates &amp; Venues</td>
<td>11th August 2014 – Conference Room, Henry Lautch Centre, Bushey Fields</td>
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<td>16th September 2014 – Seminar Room, Bloxwich Hospital, Walsall</td>
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<td></td>
<td>24th October 2014 – Seminar Room, Bloxwich Hospital, Walsall</td>
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<td></td>
<td>18th November 2014 – Conference Room, Henry Lautch Centre, Bushey Fields</td>
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<td>Time</td>
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Online Links/Resources

British Association of Art Therapies Video’s: How Art has helped me -
http://www.baat.org/videos.html

Mind: Information Guide on Art Therapy -
http://www.mind.org.uk/information-support/drugs-and-treatments/arts-therapies/#.U5BIPXap1_44

Play Therapy UK –
http://www.playtherapy.org.uk/

Daily Telegraphy Blog on Art Therapy -
http://blogs.telegraph.co.uk/culture/jamesrhodes/100056477/if-creativity-can-lead-to-madness-is-art-therapy-really-a-sensible-idea

BBC Article on the Power of Art -
http://www.bbc.co.uk/news/magazine-21579762

Mental Health Foundation: Art Therapies Information
http://www.mentalhealth.org.uk/help-information/mental-health-a-z/A/arts-therapies/

Arts for Dementia: An organisation which helps to develop activities at arts venues to re-energise and inspire people in the early stages of dementia and their carers.
http://www.arts4dementia.org.uk/

Update to Local policy

No updates have been made to local policy.

DISCLAIMER

Every effort has been made to ensure that this information is accurate, up-to-date, and complete. However it is possible that it is not representative of the whole body of evidence available. No responsibility can be accepted for any action taken on the basis of this information. It is the responsibility of the reader to determine the accuracy, validity and interpretation of the bulletin.

Dudley & Walsall Mental Health Libraries

Tariq Saraf Library
Henry Lautch Centre
Bushey Fields Hospital
Dudley. DY1 2LZ
Tel: 01384 325099
E-mail: tariqsaraf.library@dudley.nhs.uk

Dorothy Pattison Hospital Library
Alumwell Close
Walsall
WS2 9XH
Tel: 01922 607040
E-mail: dorothy.pattison@dwmh.nhs.uk