Clinical Supervision: The Seven Eyed Model

Having been trained as trainers in the 7 eyed model—a group of Clinical Psychologists and an Occupational Therapist have recently piloted the first cohort of trainees with excellent feedback.

The emphasis is on Clinical Supervision rather than managerial supervision.

What makes the 7 eyed model of supervision different?

A focus on:
- Appreciation—it is not a deficit model.
- Being fully present in a mindful sense in the supervision
- Active listening and demonstrating to trainees how this can be done.
- Respect towards the supervisee, the client and the supervisor.
- Being authentic.